

Family Medicine

RESIDENCY PROGRAM AT
Memorial Satilla Health

Welcome to the Family Medicine Residency Program at Memorial Satilla Health

The Family Medicine Residency Program at Memorial Satilla Health is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation’s leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

ACGME ID: 1201221637

Tracks & Positions

Tracks	NRMP #	Available Positions
Categorical	198512OC1	2

Salary

	PGY1	PGY2	PGY3
	\$53,586	\$55,402	\$57,273
On-Call Meals	\$950	\$950	\$950
Total Salary	\$54,536	\$56,352	\$58,223

Welcome to rural Family Medicine in Waycross, Georgia, a small program that was established in 1998 in affiliation with the Medical College of Georgia at Augusta University.

The 1:2 rural track program is based at Memorial Satilla Health, an acute care facility that has been serving Waycross and its eight surrounding counties for over 60 years. Each year two residents are selected for the unopposed, 1+ 2 program. The first year occurs at Medical College of Georgia, a university-based hospital, and years 2 and 3 of training are completed in Waycross. The program is designed to help meet the need for well-rounded family practitioners and seeks those individuals who are self-directed and motivated.

The family medicine faculty and specialists who train our residents have a long history of teaching and demonstrate commitment to the program. The hospital's leadership staff and administration are also very supportive of the program and graduate medical education.

The challenge of family practice involves working with populations of all ages. Rotations include working with board-certified specialists in outpatient and inpatient settings. In addition to gaining knowledge, experience and confidence, this relationship assists residents in the crucial area of forming sound interpersonal relationships with patients, professional peers and other members of the patient care team.

With a full range of services and a large population base, residents are ensured experience in recognizing and treating a broad spectrum of health concerns, ranging from minor illnesses to complicated and complex patients. Residents also have opportunity to develop a patient panel of their own and recognize the central role the physician plays in rural communities and small towns.

Our community is family-friendly, enjoys great weather year-round, and provides low-cost living with access to a broad range of outdoor activities. Waycross has close proximity to the Golden Isles of Georgia barrier islands, Florida's Amelia Island, and we are only 70 miles from the Jacksonville International Airport.

Our Faculty



Brent Waters, MD
Medical College of Georgia



Josh McCarthy, MD
Medical College of Georgia



Susan Brickle, MD
Emory University



Tannis Alligood, MD
Mercer University



David Carstens, MD
Ross University SOM



Don Waters, MD
Medical College of Georgia

Current Residents



Jenson T. Mathew, MD

PGY-3



Mariama Barry, MD

PGY-3



Nand V. Patel, MD

PGY-2



Viviam S. Trejo, MD

PGY-2

About the Program

Curriculum Highlights

Residents are exposed to community events, i.e.

- a) Sports physicals for local schools
- b) Sideline sports on the football field
- c) Educational opportunities with high school students.

A small program offers residents flexibility with rotations where they have a special interest, and also takes into consideration management of important life and family events.

The most frequent procedures provided to patients in the family medicine clinic include chest x-rays, EKG interpretation, cerumen removal, joint injection/aspiration, lacerations, incision and draining of abscess, skin tag removal and nail removal. Opportunities for mentoring medical students and moonlighting also exist for qualified residents.

Key services include a very busy ER where we treat more than 45,000 emergencies each year, our Heart, Surgery, Rehabilitation, Orthopedics, Sleep and Birthing Centers with specialists trained specifically for these needs, and an extensive Mental Health program for senior adults and those suffering with memory loss. The latest addition to the hospital is a Wound Care Center with a hyperbaric oxygen chamber, and Community Hospice and Palliative Care.

Residents also gain exposure to the business aspects of medicine and gain insight into the business operations, from finance to human resources. This experience will provide useful whether residents enter a private outpatient practice, choose hospital medicine or some other employment model upon graduating.

Rotation Schedule

PGY-1 (4-week block) Site: MCG	PGY-2 (month) Site: MSH	PGY-3 (month) Site: MSH
Orientation	Fam Med Outpatient	Adult Inpatient Medicine
Family Medicine Inpatient	Adult Inpatient Medicine	Adult Inpatient Medicine
Family Medicine Inpatient	Adult Inpatient Medicine	Family Medicine Outpatient
Family Medicine Inpatient	Adult Inpatient Medicine	Infectious Disease
MICU	Dermatology	Nephrology
Pediatric Inpatient	Community Health & Procedures	Surgery
Pediatric Inpatient Nursery	Pediatric Outpatient	OB/GYN
Pediatric Outpatient	Psychiatry/Beh Health	Orthopedics
Pediatric - ER	Neurology	Ophthalmology & Urology
OB (Emory Decatur)	Emergency Medicine	Elective
OB (MCG)/Night Float	Cardiology	Elective
GYN/Women's Health	Podiatry & Wound Care	Elective
Sports Medicine		

FAQ

How much call will I have to take?

1. Residents have inpatient call once a month. The shift begins at 7:00am on Saturdays and ends at 7:00 am on Sunday.
2. Residents also have weekly at-home call, typically from 5 pm to 8 am. Calls come from clinic patients, and nursing home facilities. This at-home call does not apply to all rotations.

Will I be able to moonlight?

The majority of residents at this site do not generally feel the need to moonlight, but PGY-3 residents are allowed when requirements are met.

Are there advantages to a small program?

Yes, definitely - a) there is no competition among learners, b) lower cost of living in a small town, c) rotation sites are primarily situated in and around the hospital, d) get to know your colleagues and patients better, e) faculty treat you like a colleague

What is there to do in Waycross?

The Okefenokee Swamp Park can be found at the northern tip of the Okefenokee National Wildlife Refuge. This locally owned and operated park is filled with adventure for all ages. Boat tours, train tours, and “Eye on Nature” shows are all part of the daily schedule. Visitors can get a close look at the local wildlife while learning about their habitat and enjoy colorful takes about the swamp while touring the park. The park is open year-round, 7 days a week, 9 - 5. Visit their website at www.okeswamp.com

Laura S. Walker Park is located just a few miles from the Okefenokee Swamp Park. Fishing and watersports are popular during the summer in the parks 120-acre lake, while camping is popular year-round. Laura Walker also provides a beautiful layout of picnic areas and group shelters that are great for family outings, not to mention a large playground for the kids. The Lakes at Laura Walker 18-hole Golf Course is the newest addition to the park. This golf course is complete with its own Pro Shop and a beautiful landscape. The wastelands, sand traps, and rolling hills were all created from the dirt removed to make the three large lakes on the course. Open year-round.

The YMCA of Waycross is deeply rooted into our community’s history, and prides itself on being a family friendly Christian facility. The facility is located within walking distance of the hospital, and includes an Olympic size heated indoor pool, basketball courts, pickleball courts, a large weight room, massage therapy, swim lessons, and classes including Brazilian Jiu Jitsu and Cross Fit.



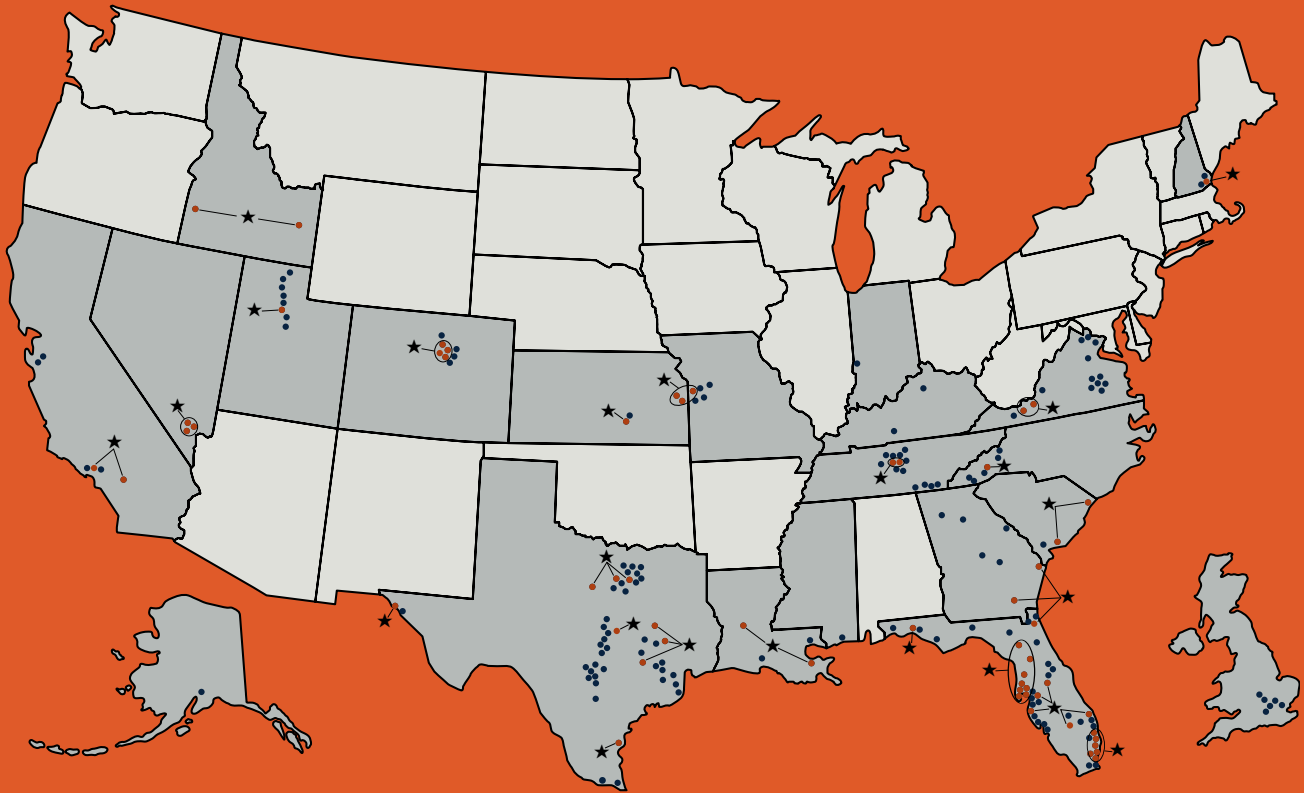
About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).



Our residency and fellowship programs are in **59**
hospitals located in **16** states



- ⊛ Residency or Fellowship Program
- HCA Healthcare Hospital



Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637
residents

289
fellows

218
specialty programs (residencies)

79
sub-specialty programs
(fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

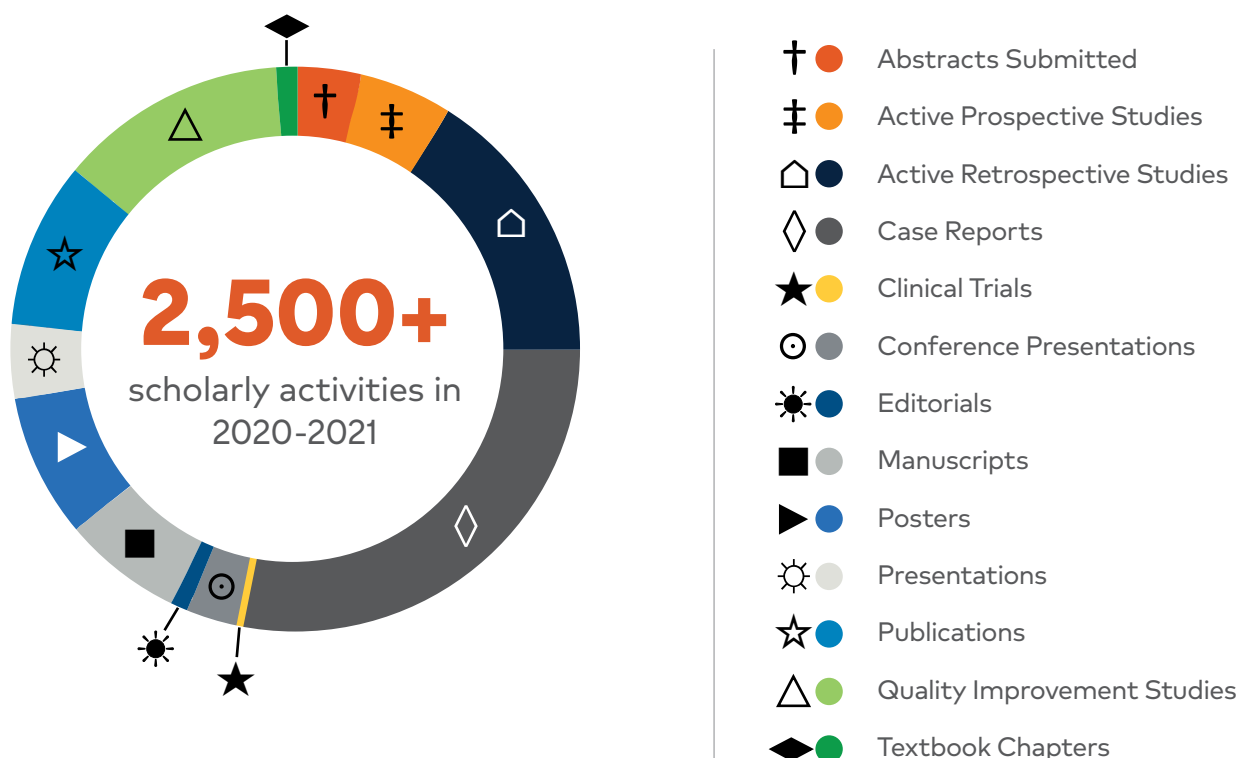
32+ million patient encounters
7.4 million emergency room visits
215,000+ babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

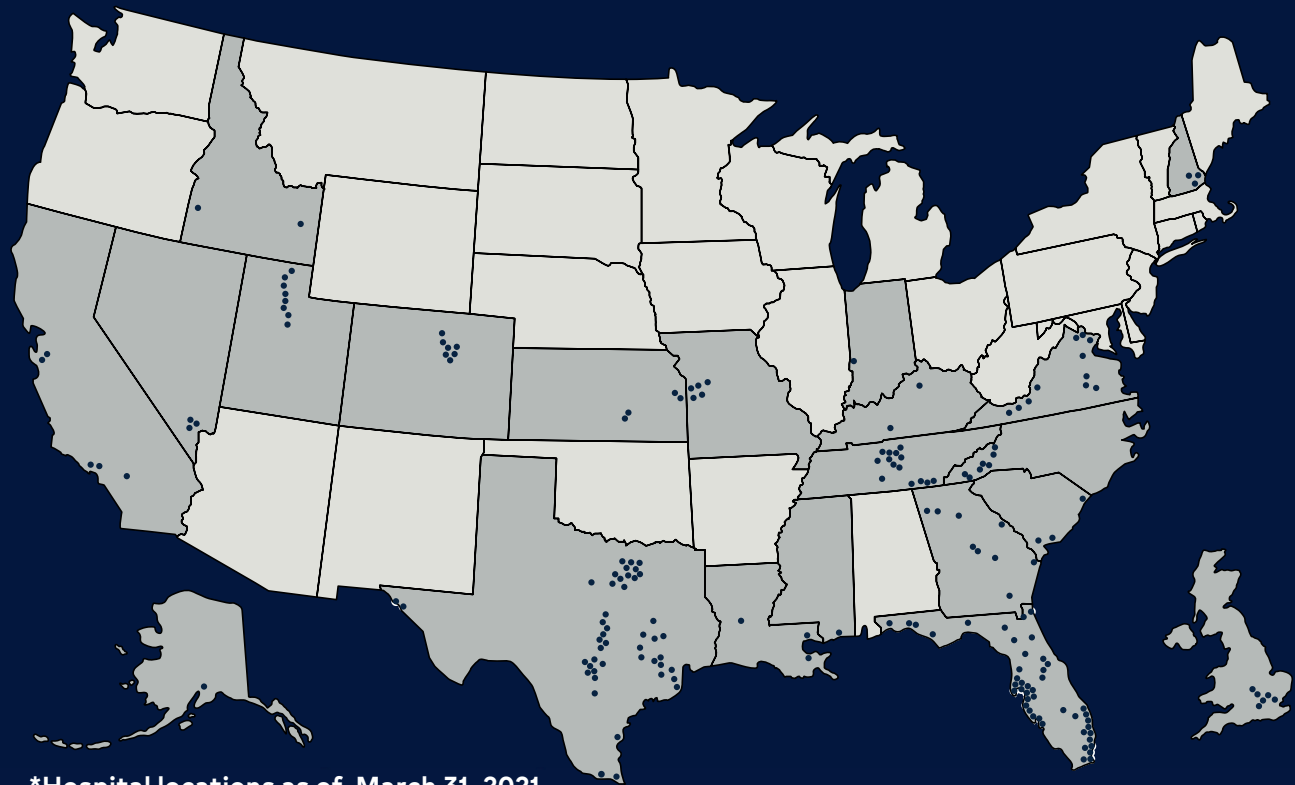
HCA Healthcare Scholarly Commons is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



186 hospitals and more than **2,000** sites of care
located in **20** states and the United Kingdom



*Hospital locations as of March 31, 2021

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Size

275,000
colleagues

93,000+
registered nurses

47,000[^]
active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million
patient encounters

7.4 million
emergency room visits

215,000
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



Giving Back

\$3.4+ billion
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

[^]Approximate

